

**Who should be screened:** A heart scan (or cardio score) is a brief CT scan that allows us to measure the amount of calcium in the wall of the coronary arteries. Larger amounts of calcium signal greater presence of plaque overall, which can help predict the likelihood of a cardiovascular event such as a heart attack.

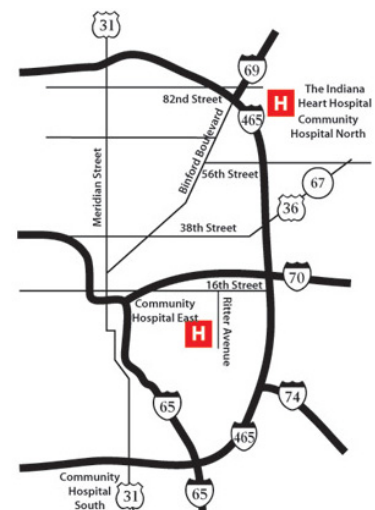
People who are most likely to benefit from having a heart scan are adults over 40 years of age, who smoke, have high blood pressure, are diabetic, are obese, have high or borderline cholesterol, and/or have a family history of heart disease. While the test is quick and painless, it does require minimal exposure to x-ray, so the test should be reserved for those most likely to benefit. A heart scan is not recommended for those who have had a heart catheterization or have known heart disease.

**Examination process:** The heart scan is a non-invasive procedure (no breaking of the skin required) which takes approximately 15 minutes to complete. The exam is performed using a 64 multi-slice CT scanner that is ECG-gated for low radiation. The test requires minimal exposure to x-ray (radiation), lasting less than 15 seconds. Three ECG pads will be placed on patient's chest and will not require the removal of clothing.

**Results:** Screening participants will receive a copy of the initial report and consult with a health counselor to interpret results. A final report will be provided pending an over read by a radiologist.

**When and Where:** Appointments are available at either of our convenient, accredited cardiac testing centers:

- **The Indiana Heart Hospital**  
The Indiana Heart Hospital Campus  
8075 N. Shadeland Ave, Suite 140  
Indianapolis, IN 46250
- **Community Hospital East Campus**  
1400 North Ritter Ave,  
Indianapolis, IN 46219



**Payment:** The cost of the screening is \$49. Payment must be made at time of service.

**For questions or to schedule an appointment call a health counselor at (317) 621-8575.**